

Characteristic properties of goal-setting ability among students of first, third and final years of studying

Dmitrieva I.

Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

Abstract

This article represents analysis of the goal-setting problem in modern psychology and the results of experimental studies of goal-setting ability among the students of first, third and final years of studying and postgraduates of the Kazan (Volga region) Federal University. This article also provides the characteristic properties of development of goal-setting ability at different stages of studying and recommendations on the training related to the development of goal-setting ability at different stages of studying. © IDOSI Publications, 2014.

<http://dx.doi.org/10.5829/idosi.wasj.2014.30.09.14117>

Keywords

Development, Goal-setting, Goal-setting ability, Studying